

# Intuitive Eating 2nd Edition A Revolutionary Program That Works

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Herrin, M and Larkin, M (2013) Nutrition Counseling in the Treatment of Eating Disorders (2nd Edition) New York: Brunner-Routledge Intuitive Eating (Third Edition) Tribole E, Resch E St Martin Griffin: 2012 O'Toole, JK (2010) Give Food a Chance: A New View on Childhood Eating Disorders Portland

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Bacon, L (2005) Size Acceptance and Intuitive Eating Improve Health in Obese Female Chronic Dieters J Am Dietetic Assoc; 105:929-936 Bacon, L, & Aphramor, L (2011) Weight Science: Evaluating the Evidence for a Martin's Griffin; 2nd edition Tylka, TL (2006) Development and psychometric evaluation of a measure of intuitive eating J

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